

INTERNATIONAL GERIATRIC MENTAL HEALTH VIDEOCONFERENCE ROUNDS

~ IN COLLABORATION WITH ~



Strategies to Promote Successful Aging: Wisdom, Resilience, and Social Connections



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Friday, March 24, 2023

12 p.m. – 1:00 p.m. Eastern Standard Time (Toronto)

Educational Objectives

1. Define and assess wisdom, resilience, and social connections.
2. Understand how these psychosocial factors impact mental and physical health.
3. Use strategies to enhance these positive factors in older adults.

How to Join Zoom Event

IMPORTANT PLEASE READ - You must register before the start time by clicking on this link:

https://us06web.zoom.us/meeting/register/tZYlduiqqjMqHd0Q_VcEowh7q7i4q4YnP_2-

- Rounds start at **12:00 PM ET** - there is a 30-minute window to connect early.
- Zoom technical questions? Email Agnes Cheng Tsallis: achengtsallis@baycrest.org
- To become a Speaker, please send email to: psyched@baycrest.org
- Speaker evaluation (anonymous): <https://www.surveymonkey.com/r/C9TSH5V>



The International Geriatric Mental Health Rounds (Videoconference) is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

These rounds are restricted to practitioners, students, and researchers in health care.